HUI GONG (Wisdom Gong) with Dr. Liu Dong

Weekend Workshop
March 25 & 26, 2006
Helena, MT

Time: Sat: 10 – 4:30; Sun: 9 – 3:30
Cost: $150 before February 28;
     $170 after

Hui Gong (Exploring Wisdom Qigong) is an ancient medical qigong form—a self-healing practice—for developing and enhancing many aspects of health. Because of its effectiveness, it is currently being recommended to patients by Traditional Chinese Medicine physicians.

By practicing Hui Gong, it is possible to:
- improve memory and concentration
- boost immune system and heal allergies
- support heart health
- reduce stress and relieve insomnia
- enhance overall health
- develop wisdom and deepen intuitive knowledge

Dr. Liu Dong is an internationally renowned Chinese Medicine physician and Qigong master. He was born in Jilin province of China, into a venerable family that has been dedicated to Chinese philosophy and self-healing therapies for generations. During infancy and early childhood, Liu Dong suffered from long bouts of tuberculosis. At the age of 5, he was initiated into the healing path of Qigong by his grandfather. By practicing his family’s ancient “Qigong of the Sun” form under the guidance of his grandfather, he experienced its profound spiritual and health-giving benefits, ultimately recovering his health completely.

Information and Registration: mtnspiritq@aol.com
www.mountainspiritqigong.com
406.728.1600 or 406.933.5390 (after Feb 1)
Sponsored by MountainSpirit Qigong
Space is limited. Please register by March 10. $30 non-refundable deposit. No refunds after March 10. Please return the form with your check to MountainSpirit Qigong, PO Box 196, Clancy, MT 59634.
Hui Gong (Wisdom Qigong)

From Dr. Liu Dong’s many years of clinical practice and teaching the form to his patients, he has found that practice of Hui Gong to be very effective in healing and preventing forgetfulness/amaemia, mental nervousness, difficulty in focusing, and other illnesses related to brain function. Practicing this form can enhance basic health and promote the healing of all types of allergies.

Dr. Liu Dong

After graduating from Beijing University of Chinese Medicine in 1987, Dr. Liu Dong specialized in the scientific and medical research of qigong in China. He was invited to Japan, the United States (Harvard Medical School) and France (National Health and Medical Research Institute in Marseilles and Marmottan hospital in Paris) to perform his research.

In recent years, he has served as a teacher of Traditional Chinese Medicine at the University of Bobigny in Paris and the University of La Sapienza in Rome. He has also worked closely with Dr. Bernard David, of the Pasteur Institute in Paris, treating allergic disorders and other related conditions with a high rate of success using Chinese medicinal herbs.

His rigorous research and impressive talents displayed in scientific experiments have confirmed qigong’s success with improving health and immunity, relieving depression, hypertension, and allergies.

His powerful healing method combined with his profound knowledge of medicine and rich clinical experience treating countless patients (including high-ranking officials of the Chinese government such as the late President Deng Xiao Ping) has proven him an exceptional doctor of Chinese medicine and qigong master. He is also considered by many to be a spiritual master, helping his students harmonize their hearts and minds to achieve inner peace and abundant energy.

In 1990, Dr. Liu Dong and his sister, Master Liu He, founded the Ling Gui Chinese Medical School and Clinic in Paris, France.

Research by Dr. Liu Dong

November 1980: Liu Dong accepted an invitation from internationally renowned physician, Qian Sue Sen, who had offered him a scholarship and access to the High Energy Physics Research Center of the Chinese Academy of Sciences. Professors Zhend Zhi Peng and Zhao Yong Jia actively supported his work by allowing him to use a photo multiplier to measure the radioactivity of Qi emissions. The results of this research were published as articles in three different publications:

- Chinese Nature review, 1981, volume 4, no 6,
- Science and Electronic Techniques, 1981, no 8,
- Beijing Evening newspaper, June 10, 1981.
August 1984: While working with Professor Herbert Benson of Harvard University, USA, Liu Dong led a study investigating the effectiveness of Qigong in preventing stress and high blood pressure linked to old age. The results of this study were published in the 27 September 1984 edition of the Chinese Journal of Medicine.

June 1987: Working with Professor Zhang Li of the Beijing Chinese Faculty of Medicine, Liu Dong carried out research into the effects of external Qi on the regulation of the immune system of tumor cells in mice. Professor David Eisenberg of the Harvard Faculty of Medicine took part in this study. The results of the study were published in the Chinese Journal of Experimental Clinical Immunology, 1989, volume 1, n° 1 and 2.

April 1988: Liu Dong collaborated with Professor Zhou Yong of the Chinese Faculty of Medicine in Beijing. Their research into the effects of Qigong healing on cancerous tumors, published in the Journal Qigong In China, produced encouraging results.

July 1988: Working with Professor Cang Qian in Japan, Liu Dong applied his method to patients suffering from illnesses of the endocrine system, in the hope of improving their conditions. The results of this study were published in the Japanese Review Journal of Health, 1989, n° 234.

July 1991: Liu Dong carried out an experiment on In Vitro Reduction of HIV and MT4 Activity by Qigong in the INSERM laboratory of Professor Jean-Claude Chermann, well known in the field of AIDS research. Dr Yves Requena took part in this experiment, which brought to light a reduction in virus activity in comparison to control samples.

November 1993: By combining acupuncture and Qigong at Marmottan Hospital, Paris, Liu Dong obtained encouraging results in the treatment of toxicomany (drug addiction/dependence).

Books by Dr. Liu Dong

- Rejuvenation Through Vital Breathing, Editions Jilin Wen Shi, China, 1988
- Qigong, Co-authored with Dr. Caterina Martucci, Raffaello Cortina Editor, Milan, Italy, 2003
- Stop The Pain With Chinese Medicine, in preparation, Paris, France, 2003
- The Mudra of Buddha, in preparation, USA, 2005

Articles by Dr. Liu Dong

- Science and Electronic Techniques, 1981, n° 8
- Beijing Evening newspaper, June 10, 1981
- Chinese Journal of Medicine, 27 September, 1984
- Chinese Journal of Experimental Clinical Immunology, 1989, volume 1, n° 1 and 2
- Qigong In China, 1998, n° 3